

Wyższa Szkoła Ekonomiczno-Humanistyczna University of Economics and Humanities

# **Sharing with** Ukrainian People the **Power** Of

Real

**Tolerance** 







#### THE SOCIAL INNOVATIONS TEAM







## FOR WHO?

Bielsko-Biała has around 3000 Ukrainian refugees.

Initially WSEH will focus on a group of 82 families (women and children)



## FOR WHO?

Refugees are being accommodated in properties owned & managed by Bielsko-Biała city authority



### WITH WHO?

Bielsko-Biała City Authority has a "Council of Seniors" – 15 representatives of voluntary & non-governmental organisations.

The Council expertise includes understanding health, social & personal needs.

Their responsibilities have been extended to include Ukrainian refugees.





#### **WSEH**



**University of Economics and Humanities** 

is working with

#### **BIELSKO-BIAŁA CITY**

& its

**Council for Seniors & Refugees** 







## What?

The WSEH Social Innovations team using University expertise & facilities including students & staff volunteers will focus on

# **5 Specific Actions**



# Informal Activities to increase Individual & Social Well-Being

Adaptation

Relaxation

**Language Orientation** 

Professionalisation

Rehabilitation of Self



# Volunteer led activities encouraging self-esteem, including

Outdoor activities, social meetings

Sports, games, relaxation exercises

Playing with Polish (language)

**Exploring employment** 

Health, Beauty, Counselling & Personal Care







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